# The Psychobiology of Consciousness (PSY 252)

Steven St. John 🕸 Spring, 2005 😐 Office: PSY 122 🖀 Phone: 7676

# Overview

For me, the most fascinating question in science is how it can be possible that we have subjective experiences of a qualitative nature. How can molecules and chemicals – physical tissue – produce phenomenal experiences like a mood, an emotion, a color, a sound? Is consciousness special to humans, to nervous systems, or is it in some way built into the fabric of the cosmos?

Our focus will be to see how psychobiologists and neuroscientists have approached this question. We will begin by discussing philosophy, and we will acknowledge that the issue is open as well to input from such diverse fields as physics, anthropology, and computer science, but we will spend most of our time reviewing the contribution of our discipline to these questions.

### **Internet Resources**

The internet will be a valuable resource for this course. First, you may find many of the articles on electronic reserve at the course website on the library page. Second, the course has its own website which gives additional resources. Finally, the class has its own forum (bulletin board), which will be required for some assignments and will allow us to discuss articles prior to class.

 E-reserves:
 http://simeon.library.reed.edu/get/reserves.html

 Course website:
 http://academic.reed.edu/psychology/courses/stjohn/cons

 Course forum:
 http://reedcons.conforums3.com

# Evaluation

A. Message Board Assignments

1. Register on the forum with a user name that identifies you by F, 1/28.

2. Pick a favorite paper from the "**Zombies**" class and post on the message board a short essay (~3 paragraphs) that explains why that particular article represents best your position. **T**, **2**/**1**, **before class**.

3. Write a short essay on one of the "**Thought Experiments**" from the first class and explain why you think it is particularly relevant or thought-provoking. Alternatively, create your own thought experiment and walk us through it. Feel free to comment additionally on others'. **T**, **2/8**.

4. By **F**, 3/11, make a post (1-2 paragraphs) in the forum dedicated to "What *Is* It Like To Be A Bat?" Based on everything we've discussed up to that point, defend one of the three options stipulated in the Forum Rules.

5. **Facilitator Duties** – Three people will be selected to be a "facilitator" for each class meeting. One of the facilitators should start a new thread on the main forum with the title for that class session, and all facilitators should post discussion points and questions for the upcoming class. Facilitators should also help me monitor the thread and answer questions related to the article prior to class.

6. **General Contributions** – In addition to formal assignments, all of you should take an active role both in class discussions and on the web forum.

7. **Book Report** – You will be providing a preview of your report to the class on one of the books on consciousness. See below for further details.

#### B. Book Report

There are probably 3 dozen books published in the last 15 years by philosophers, physicists, psychologists, and neuroscientists dealing with the scientific study of consciousness. It would be useful to read these, but we obviously can't read every one. However, as a class, we should be able to read 8-9 titles, with 2-4 people reading a book. The books will be reported on: 1) in an oral presentations – a discussion facilitated by the readers, 2) on the message board especially in the two weeks prior to the oral presentations, and 3) in an individually-written 5-8 page critique, due **Tuesday, April 5.** 

#### C. Course Critique

Another of the unusual assignments I'm requesting will be a course critique, due **Thursday, April 28**. One of the goals I have for us this year is to have us all plan how the course will be the next time it is taught. That's right – you guys are guinea pigs. I want more here than a routine course evaluation, I want you all as co-teachers: having read through a lot of stuff, which topics worked? Which didn't? Which papers were good? Confusing? What things did you expect us to cover that we didn't? What book reviewed during the year should be compulsory? Did the message board serve us well? What assignments were useful? Which were a waste of time? When were you most engaged? When were you on auto-pilot? Does the format work? Is it even worth teaching again?

I would be grateful if you kept checking the message board over the next summer and semester. I may post a thread on the course critiques to see how much agreement/disagreement there is on certain issues raised.

### Timeline

Citations for readings are noted with this symbol: ₹. Consult the end of the syllabus for the full reference. Refer to the class title in message board postings. Readings are available via the library website for the course. On 1/27 only, two chapters from Jaegwon Kim's Philosophy of Mind are available on Library Reserve.

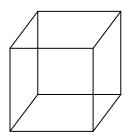
Philosophy	T 1/25	<b>Thought Experiments.</b> We will walk through some experiments that will exemplify some of the issues that underlie the "mind-body" problem.
	R 1/27	<ul> <li>Overview: Phil of Mind. Basic terminology in the Philosophy of Mind.</li> <li>Possible guest lecture by Edward Cushman.</li> <li>♥ Recommended: Chapter 2 and Chapter 7 of Kim's Philosophy of Mind (copies are on library reserve.) (1; 2)</li> </ul>
	T 2/1	Zombies! To me, the best way to define the subject under study is by imagining its absence. The Zombie Earth thought experiment is one of the more discussed.
	R 2/3	Defining Consciousness. Based on our previous discussions and the

- R 2/3 Defining Consciousness. Based on our previous discussions and the assigned articles, we will propose a definition for the thing we are studying.
   ♥ (8-10)

Weird, Wild Stuff R 2/10 Quantum Mechanics. Some people seem to think that the answer to anything weird lies in quantum mechanics. What do you think? 💐 (14-17) Neuropsychology T 2/15 Blindsight. Some have thought the Holy Grail of consciousness is the study of the blind who can see. 💐 (18-21) R 2/17 Conscious and Unconscious Vision. And then there are the sighted who are blind! 🕃 (22-26) T 2/22 Synesthesia. And then there are those who can see sound. 💐 (27-31) R 2/24 Hallucinations and Dreams. Sometimes we have conscious experiences in the absence of definitive exteroceptive input. 💐 (32-37) Alien Consciousness T 3/1 Visual Capture. We tend to think of consciousness tied to what's "in there" - what brain areas are active. But maybe it is tied to what's "out there" what's out in the real world. 📚 (38-40) R 3/3 Neural Plasticity & Sensory Substitution. Alterations in the brain – can they cause alterations in consciousness? 📚 (41-43) T 3/8 Neural Plasticity & Sensory Alteration. Conscious perception of a visual scene may return to normal even if the visual signal is altered dramatically by goggles. A philosophical debate summarizes and elaborates on the this effect and the two previous classes. 📚 (44-48) R 3/10 What is it like to be a bat? The title of a famous, pessimistic philosophical article on how we can never know what it is like to be in someone (or something) else's head. But I think we may in fact know exactly what it is like to be a bat. 📚 (49-51) Visual Imagery T 3/22 **Qualia without stimulation.** Visual (and other sensory) imagery presents a case where we have a conscious perception without physical stimulation. 📚 (52-54) Binding Problem R 3/24 Feature binding and attention. One of the hallmarks of consciousness is that it is "unified". One of the hallmarks of brain function is that it is distributed. Is this a problem? 📚 (55-57) T 3/29 Feature binding and synchrony. A favorite hypothesis is that features of a stimulus are "bound" by rhythmic firing in neurons. 😴 (58-60) R 3/31 A problem with the binding problem? Some have questioned whether the binding problem is really a problem, or at least whether synchrony offers any kind of solution. We will also examine a debate into

whether primary visual cortex is a sensible location to look for feature binding. 중 (61-65)

- - R 4/7 Invisible Stimuli. Subthreshold stimuli, or other special forms of stimulation, can be registered unconsciously by the visual system but not consciously.
     ₹ (70; 71)
  - T 4/12 TBD. Steve will be out of town, possible guest lecture.
  - R 4/14 **TBD.** Steve will be out of town, possible guest lecture.
  - Books T 4/19 Book Report I. We will hear 4 book reviews.
    - R 4/21 Book Report II. We will hear 4 book reviews.



#### Readings

- 1. Jackson F. Epiphenomenal qualia. *The Philosophical Quarterly* 32: 127-136, 1982.
- 2. Kim J. Making sense of emergence. *Philosophical Studies* 95: 3-36, 1999.
- 3. Moody TC. Conversations with zombies. Journal of Consciousness Studies 1: 196-200, 1994.
- 4. Flanagan O and Polger T. Zombies and the function of consciousness. *Journal of Consciousness Studies* 2: 313-321, 1995.
- 5. **Dennett DC**. The unimagined preposterousness of zombies. *Journal of Consciousness Studies* 2: 322-326, 1995.
- 6. Elitzur AC. Consciousness can no more be ignored: Reflections on Moody's dialogue with zombies. *Journal of Consciousness Studies* 2: 353-358, 1995.
- 7. Moody TC. Why zombies won't stay dead. Journal of Consciousness Studies 2: 365-372, 1995.
- 8. Natsoulas T. Consciousness. American Psychologist 33: 906-914, 1978.
- 9. Searle JR. Consciousness. Annu Rev Neurosci 23: 557-578, 2000.
- 10. **Farber IB and Churchland PS**. Consciousness and the neurosciences: Philosophical and theoretical issues. In: The Cognitive Neurosciences, edited by Gazzaniga MS. Cambridge, MA: MIT Press, 1995, p. 1295-1306.
- 11. Crick F and Koch C. A framework for consciousness. *Nat Neurosci* 6: 119-126, 2003.
- 12. Tononi G and Edelman GM. Consciousness and complexity. *Science* 282: 1846-1851, 1998.
- 13. Zeki S. The disunity of consciousness. *Trends Cogn Sci*7: 214-218, 2003.
- 14. Woolf NJ and Hameroff SR. A quantum approach to visual consciousness. *Trends Cogn Sci* 5: 472-478, 2001.
- 15. Hameroff S. Consciousness, the brain, and spacetime geometry. *Ann N Y Acad Sci* 929: 74-104, 2001.
- 16. **Penrose R**. Consciousness, the brain, and spacetime geometry: an addendum. Some new developments on the Orch OR model for consciousness. *Ann N Y Acad Sci* 929: 105-110, 2001.
- 17. Smythies J. Space, time and consciousness. *Journal of ConsciousnessStudies* 10: 47-56, 2003.
- 18. Weiskrantz L. Unconscious vision: the strange phenomenon of blindsight. *The Sciences* 23-28, 1992.
- 19. Weiskrantz L, Barbur JL and Sahraie A. Parameters affecting conscious versus unconscious visual discrimination with damage to the visual cortex (V1). *Proc Nat Acad Sci USA* 92: 6122-6126, 1995.
- 20. Weiskrantz L. Prime-sight and blindsight. *Conscious Cogn* 11: 568-581, 2002.
- 21. Weiskrantz L, Rao A, Hodinott-Hill I, Nobre AC and Cowey A. Brain potentials associated with conscious aftereffects induced by unseen stimuli in a blindsight subject. *Proc Natl Acad Sci U S A* 100: 10500-10505, 2003.

- 22. Goodale MA and Westwood DA. An evolving view of duplex vision: separate but interacting cortical pathways for perception and action. *Curr Opin Neurobiol* 14: 203-211, 2004.
- 23. Tranel D, Damasio H and Damasio AR. Double dissociation between overt and covert face recognition. *Journal of Cognitive Neuroscience* 7: 425-432, 1995.
- 24. Ellis HD and Lewis MB. Capgras delusion: a window on face recognition. *Trends Cogn Sci* 5: 149-156, 2001.
- 25. Haffenden AM and Goodale MA. The effect of pictorial illusion on prehension and perception. J Cogn Neurosci 10: 122-136, 1998.
- 26. Churchland AK, Gardner JL, Chou I, Priebe NJ and Lisberger SG. Directional anisotropies reveal a functional segregation of visual motion processing for perception and action. *Neuron* 37: 1001-1011, 2003.
- 27. Ramachandran VS and Hubbard EM. Hearing colors, tasting shapes. Sci Am 288: 52-59, 2003.
- 28. Ramachandran VS and Hubbard EM. The phenomenology of synaesthesia. *Journal of Consciousness Studies* 10: 49-57, 2003.
- 29. Dixon MJ, Smilek D, Cudahy C and Merikle PM. Five plus two equals yellow. *Nature* 406: 365, 2000.
- 30. Aleman A, Rutten GJ, Sitskoorn MM, Dautzenberg G and Ramsey NF. Activation of striate cortex in the absence of visual stimulation: an fMRI study of synesthesia. *Neuroreport* 12: 2827-2830, 2001.
- Nunn JA, Gregory LJ, Brammer M, Williams SC, Parslow DM, Morgan MJ, Morris RG, Bullmore ET, Baron-Cohen S and Gray JA. Functional magnetic resonance imaging of synesthesia: activation of V4/V8 by spoken words. *Nat Neurosci* 5: 371-375, 2002.
- 32. Gaser C, Nenadic I, Volz HP, Buchel C and Sauer H. Neuroanatomy of "hearing voices": a frontotemporal brain structural abnormality associated with auditory hallucinations in schizophrenia. *Cereb Cortex* 14: 91-96, 2004.
- 33. Ffytche DH, Howard RJ, Brammer MJ, David A, Woodruff P and Williams S. The anatomy of conscious vision: an fMRI study of visual hallucinations. *Nat Neurosci* 1: 738-742, 1998.
- 34. Hobson JA, Pace-Schott EF, Stickgold R and Kahn D. To dream or not to dream? Relevant data from new neuroimaging and electrophysiological studies. *Curr Opin Neurobiol* 8: 239-244, 1998.
- 35. Braun AR, Balkin TJ, Wesenten NJ, Carson RE, Varga M, Baldwin P, Selbie S, Belenky G and Herscovitch P. Regional cerebral blood flow throughout the sleep-wake cycle. An H2(15)O PET study. *Brain* 120 (Pt 7): 1173-1197, 1997.
- 36. Balkin TJ, Braun AR, Wesensten NJ, Jeffries K, Varga M, Baldwin P, Belenky G and Herscovitch P. The process of awakening: a PET study of regional brain activity patterns mediating the reestablishment of alertness and consciousness. *Brain* 125: 2308-2319, 2002.
- 37. Ramachandran VS and Hirstein W. Three laws of qualia: What neurology tells us about the biological functions of consciousness. *Journal of Consciousness Studies* 4: 429-457, 1997.
- 38. Botvinick M and Cohen J. Rubber hands 'feel' touch that eyes see. *Nature* 391: 756, 1998.
- 39. **Pavani F, Spence C and Driver J**. Visual capture of touch: out-of-the-body experiences with rubber gloves. *Psychol Sci* 11: 353-359, 2000.

- 40. Armel KC and Ramachandran VS. Projecting sensations to external objects: evidence from skin conductance response. *Proc R Soc Lond B Biol Sci* 270: 1499-1506, 2003.
- 41. **Rita P and Kercel W**. Sensory substitution and the human-machine interface. *Trends Cogn Sci* 7: 541-546, 2003.
- 42. Rita P, Tyler ME and Kaczmarek KA. Seeing with the brain. *International Journal of Human-Computer Interaction* 15: 285-295, 2003.
- 43. **von Melchner L, Pallas SL and Sur M**. Visual behaviour mediated by retinal projections directed to the auditory pathway. *Nature* 404: 871-876, 2000.
- 44. **Sugita Y**. Global plasticity in adult visual cortex following reversal of visual input. *Nature* 380: 523-526, 1996.
- 45. Hurley S and Noe A. Neural plasticity and consciousness. *Biology and Philosophy* 18: 131-168, 2003.
- 46. Gray J. How are qualia coupled to functions? *Trends Cogn Sci*7: 192-194, 2003.
- 47. Block N. Tactile sensation via spatial perception. *Trends Cogn Sci* 7: 285-286, 2003.
- 48. Hurley S and Noe A. Neural plasticity and consciousness: Reply to Block. *Trends Cogn Sci*7: 342, 2003.
- 49. Nagel T. What is it like to be a bat? *Philosophical Review* 83: 435-450, 1974.
- 50. Suga N. Biosonar and neural computation in bats. Sci Am 262: 60-68, 1990.
- 51. Griffin DR. Animal consciousness. Neurosci Biobehav Rev 9: 615-622, 1985.
- 52. Kosslyn SM, Ganis G and Thompson WL. Neural foundations of imagery. *Nat Rev Neurosci* 2: 635-642, 2001.
- 53. Kosslyn SM, Pascual-Leone A, Felician O, Camposano S, Keenan JP, Thompson WL, Ganis G, Sukel KE and Alpert NM. The role of area 17 in visual imagery: convergent evidence from PET and rTMS. *Science* 284: 167-170, 1999.
- 54. Kreiman G, Koch C and Fried I. Imagery neurons in the human brain. *Nature* 408: 357-361, 2000.
- 55. Noe A. Is the visual world a grand illusion? *Journal of Consciousness Studies* 9: 1-12, 2002.
- 56. **Treisman A**. Feature binding, attention and object perception. *Philos Trans R Soc Lond B Biol Sci* 353: 1295-1306, 1998.
- 57. Engel AK and Singer W. Temporal binding and the neural correlates of sensory awareness. *Trends Cogn Sci* 5: 16-25, 2001.
- 58. Gray CM, Konig P, Engel AK and Singer W. Oscillatory responses in cat visual cortex exhibit intercolumnar synchronization which reflects global stimulus properties. *Nature* 338: 334-337, 1989.
- 59. Castelo-Branco M, Goebel R, Neuenschwander S and Singer W. Neural synchrony correlates with surface segregation rules. *Nature* 405: 685-689, 2000.

- 60. Fries P, Roelfsema PR, Engel AK, Konig P and Singer W. Synchronization of oscillatory responses in visual cortex correlates with perception in interocular rivalry. *Proc Nat Acad Sci USA* 94: 12699-12704, 1997.
- 61. Crick F and Koch C. Are we aware of neural activity in primary visual cortex? *Nature* 375: 121-123, 1995.
- 62. Crick F and Koch C. Cortical areas in visual awareness reply. *Nature* 377: 294-295, 1995.
- 63. Pollen D. Cortical areas in visual awareness. *Nature* 377: 293-294, 1995.
- 64. Garson JW. (Dis)solving the binding problem. *Philosophical Psychology* 14: 381-392, 2001.
- 65. **Shadlen MN and Movshon JA**. Synchrony unbound: A critical evaluation of the temporal binding hypothesis. *Neuron* 24: 67-77, 1999.
- 66. Leopold DA and Logothetis NK. Activity changes in early visual cortex reflect monkeys' percepts during binocular rivalry. *Nature* 379: 549-553, 1996.
- 67. Sheinberg DL and Logothetis NK. The role of temporal cortical areas in perceptual organization. *Proc Nat Acad Sci USA* 94: 3408-3413, 1997.
- 68. Bradley DC, Chang GC and Andersen RA. Encoding of three-dimensional structure-from-motion by primate area MT neurons. *Nature* 392: 714-717, 1998.
- 69. Kreiman G, Fried I and Koch C. Single-neuron correlates of subjective vision in the human medial temporal lobe. *Proc Natl Acad Sci U S A* 99: 8378-8383, 2002.
- 70. **Moutoussis K and Zeki S**. The relationship between cortical activation and perception investigated with invisible stimuli. *Proc Natl Acad Sci U S A* 99: 9527-9532, 2002.
- 71. **Parker AJ and Krug K**. Neuronal mechanisms for the perception of ambiguous stimuli. *Curr Opin Neurobiol* 13: 433-439, 2003.
- 72. Libet B. Do we have free will? Journal of Consciousness Studies 6: 47-57, 1999.
- 73. Gomes G. Volition and the readiness potential. Journal of Consciousness Studies 6: 59-76, 1999.
- 74. Blakemore SJ and Frith C. Self-awareness and action. *Curr Opin Neurobiol* 13: 219-224, 2003.
- 75. Wegner DM and Wheatley T. Apparent mental causation. *American Psychologist* 54: 480-492, 1999.
- 76. Wohlschlager A, Haggard P, Gesierich B and Prinz W. The perceived onset time of self- and othergenerated actions. *Psychologial Science* 14: 586-591, 2003.